

# LeConte Medical Center

## 2017-2019 Community Needs Assessment

### Implementation Plan

#### Identified Community Needs:

1. Obesity
2. Teen Pregnancy
3. Mental Health
4. Prescription drug abuse
5. Dental Care

#### Implementation Strategy to Address Needs:

##### 1. Obesity

- **Dogwood Trails/Patch Program**

- Beginning in 2016 Covenant Health initiated a program with the Knoxville Dogwood Arts organization to encourage residents to get out and walk local Dogwood Trails and other public trails and greenways. Participants agree to walk 25 miles during April – May, record their trails and distances, and redeem their hard work for a 2.5-inch embroidered patch. Each subsequent year will have a new patch to be earned. LeConte Medical Center and Covenant Health promote this program to employees and to the community at large. The inaugural year had 424 participants.

- **Covenant Health Biggest Winner Program**

- On a twice-yearly basis LeConte Medical Center participates with other Covenant Health organizations in a Biggest Winner employee health improvement program. Each program cycle can include up to 20 employees and focuses on weight loss and improving personal health biometrics. Pre- and post-testing are provided to help participants track their health improvement.

- **Covenant Kids Run**

- Each year, as part of the Covenant Health Knoxville Marathon, children in Kindergarten through 8<sup>th</sup> grades participate in the Covenant Kids Run. With a kick off in January each year, participants work on completing 26.2 miles of activity with the final mile taking place on race day of the Marathon. The intent of the program is to get youth to engage in physical activity and develop healthy habits. Participation in 2017 exceeded 1,400. LeConte Medical Center will champion the Kids Run in its communities by encouraging participation through local schools with a goal of increasing participation each year.

- **Community Hikes**

- To encourage adults to be more active, LeConte Medical Center will co-sponsor and lead a series of community hikes each spring and fall in the Smoky Mountains National Park. This is an on-going collaboration with the Friends of the Smokies organization.

## **2. Teen Pregnancy**

- LeConte Medical Center chooses not to develop strategies or tactics for the health priority of teenage pregnancy prevention. LeConte Medical Center does not provide specific teen pregnancy prevention services and does not have community resources for this priority.

## **3. Mental Health**

- LeConte Medical Center chooses not to develop strategies or tactics for the health priority of mental health. LeConte Medical Center does not provide mental health services and does not have community resources for this priority.

## **4. Prescription Drug Abuse**

- **HEAL Coalition**

- LeConte Medical Center will continue to support and participate in this multi-disciplinary coalition to address the incidence of Neonatal Abstinence Syndrome in Sevier County.
- LeConte Medical Center will continue its Women's Recovery Support Group for women dealing with addiction. The group is held each Monday at the medical center.

## **5. Dental Care**

LeConte Medical Center chooses not to develop strategies or tactics for the health priority of dental care because LeConte Medical Center does not provide specific dental services and does not have community resources for this priority.